

The Power of Women Owning Their Story



**When was
the last time
you told
your own
story?**



Why Your Story Matters

- Dentistry is a calling
- The Why behind Mommy Dentists in Business
- The power of sharing without judgement



Breaking Stereotypes

- The “mom-fail”
- The barriers are real:
 - **External:** stereotypes, workplace bias, and cultural expectations
 - **Internal:** self-doubt, imposter syndrome, and the “good girl” script
- Sharing our journeys = Normalizes ambition and motherhood
- We prove they can coexist



Empowerment Through Storytelling

- **Building trust:** with patients, staff, and each other.
- **Inspiring the next generation** of women in dentistry.
- **Enriched**, not limited, by motherhood.
- Frame your journey **around lessons and strengths.**
- **Vulnerability is not weakness;** it's connection.



The Ripple Effect

When dentist-moms share their stories,
incredible things happen.

- Patients see **empathy** and **strength**
- Teams feel inspired and motivated, their leader is **human and strong**
- Other women see dentistry, leadership, and motherhood as **attainable**



A Call to Action

Challenge: THIS WEEK

- Share one part of your story with someone you lead
- Invite them to share theirs

By owning your story, you don't just build a practice; you build a community.



